

Stand up for your rights

Idiom of the month

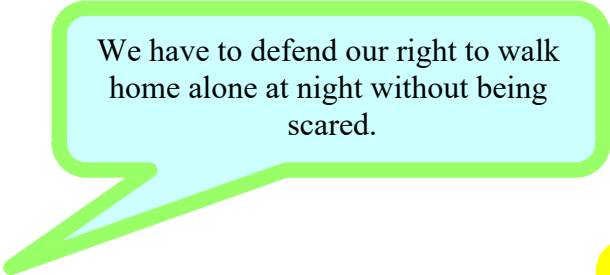
a cura di Sarah Gudgeon

Edizioni settembre 2025

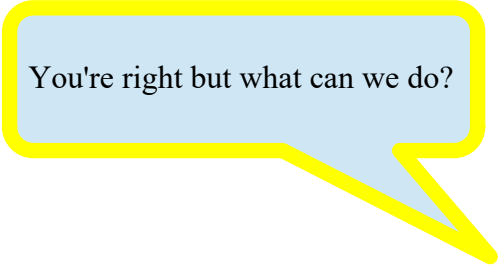
1. Write five more ways in which you can defend your rights.

1. go on strike.

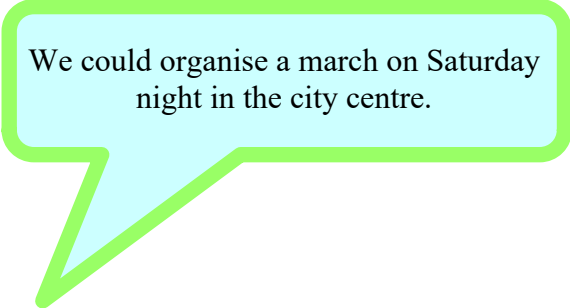
2a. Read



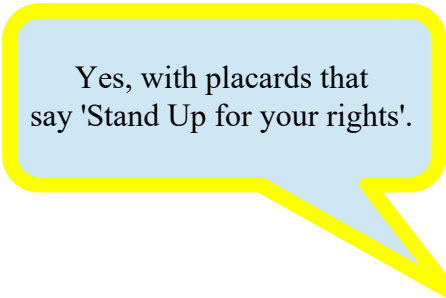
We have to defend our right to walk home alone at night without being scared.



You're right but what can we do?



We could organise a march on Saturday night in the city centre.



Yes, with placards that say 'Stand Up for your rights'.

2b. Complete with the idiom of the month.

It is important to _____ now so that future generations will not experience the same problems.

If you don't stand up for your rights then other people will try to take them from you and this would have a negative impact on society.

3. Imagine that the government decides that only boys can go to school after the age of 11. Girls have to stay at home to cook and clean. What would you do to stand up for the rights of girls and women? Brainstorm ideas in groups.

4. Come up with a strategy to launch a social media campaign to stand up for the rights of girls and women to a full education. Work in groups.

5. Present your strategy to the rest of the class.

Teacher's Notes

2a

1. organise a sit-in;
2. write a letter to the local newspaper;
3. go on a march;
4. start a petition;
5. organise a social media campaign.

2b It is important to stand up for your rights now so that future generations will not experience the same problems.

3. Sample answer: march on parliament; organise a nationwide strike with male and female students and teachers striking together; try to get international media attention...

4. Sample answer:

1. think of a slogan;
2. set up a social media account;
3. create engaging content;
4. build up your number of followers and ask them to share your posts;
5. ask famous people to support your cause;
6. put pressure on the government to change their minds by asking international political figures to condemn the policy.