Stand up for your rights

Idiom of the month

a cura di Sarah Gudgeon

Edizioni settembre 2025

1. How can you can defend your rights? Tick

- 1. by organising a protest;
- 2. by using social media to share your experiences;
- 3. by following news and politics so you know what is happening;
- 4. by going on strike;
- 5. by ignoring political events;
- 6. by speaking out about injustice.

2a. Read

We have to defend our right to walk home alone at night without being scared.

You're right but what can we do?

We could organise a march on Saturday night in the city centre.

Yes, with placards that say 'Stand Up for your rights'.

2b.	Complete with the idiom of the month. It is important to experience the same problems.	now so that future generations will not	
		ou don't stand up for your rights then other people will try to take them from and this would have a negative impact on society.	
3. Imagine that the government decides that only boys can go to school after the age of 11. Girls have to stay at home to cook and clean. What would you do to stand up for the rights of girls and women? Brainstorm ideas in groups.			

4.Design a poster. The message must be to encourage people everywhere to stand up

for the right of girls and women to go to school. Work in groups.

Teacher's Notes

- **2a.** Tick 1,2,3,4,6
- **2b** It is important to stand up for your rights now so that future generations will not experience the same problems.
- **3.** Sample answer: march on parliament; organise a nationwide strike with male and female students and teachers striking together; try to get international media attention...
- **4.** Answers may vary.